

ASCA National Model LESSON PLAN

_____ Academic

___X___ Career

_____ Personal/Social

Grade Level: 9th

Primary Topic of Lesson: Bridges: Do What You Are

ASCA Standards: C:A1.3, C:A1.5, C:A1.6, C:A1.7, C:A1.8, C:A1.9, C:B1.1, C:B1.2, C:B1.3, C:B1.4, C:B1.5, C:B1.6, C:B1.7, C:B2.1, C:B2.2, C:B2.4, C:B2.5, C:C1.3, C:C2.1

Materials Needed: Electronic classroom w/ printers, Student Log-In and Passwords, Self-Evaluation worksheets, Compare/Contrast worksheet, PowerPoint for lesson (optional), Grade Sheet

Objective 1: The student will complete the Bridges "Do What You Are" Personality Assessment and update their career clusters in their Bridges portfolio.

Set: Counselor will describe a list of personality traits and have students predict what occupation would fit those personality traits.

Activity:

1. Counselor will give students the "Self-Evaluation" worksheet using the "Do What You Are" categories, guiding them through the definitions found on the PowerPoint.
2. Students will be guided by counselor through the www.bridges.com log-in process as found on the PowerPoint.
3. Students will click on the "Do What You Are" link.
4. Students will complete the personality assessment (86 questions).
5. Students will save and print a results page from the assessment.
6. Students will explore the different careers that matched their assessment results found on the Bridges website.
7. Students will compare their personality assessment results to their career choice or "dream" job on the "Compare/Contrast" worksheet.
8. Students will compose a paragraph comparing and contrasting their personality assessment results to their career choice or "dream" job.

Closure: Students will compare their self-assessment from the beginning of the lesson with their "Do What You Are" results.